

**Caring for an older loved one?
Feeling stressed? Overwhelmed?
Looking for a place to vent and share ideas with
others in a similar situation? Would you like to find
resources available to you?**

**Chicago Department of Family and Support Services
&
The Salvation Army-Family and Community Services
host**

SUPPORT GROUPS FOR CAREGIVERS

**Austin Senior Satellite Center
5071 W Congress Pkwy, 60644
9:30am
3rd Thursday of each month**

**Support Groups are "drop-in"
No reservations required
For more information call 312/744-4016**